

INVITATION & PROGRAMME



ME/CFS SYMPOSIUM

Scientific foundations and consequences for the health care system

FENS FORUM 2024 Satellite Event

June 21st, 2024, 17:00 – 19:00
Van Swieten Saal, Medical University Vienna,
Van-Swieten-Gasse 1a, 1090 Vienna

<https://mecfs.at/symposium-2024/>

REGISTRATION

The event is intended to contribute to awareness raising and education on ME/CFS and is aimed at a broad audience.

Participation is accredited with **2 DFP points** from the Ärztekammer für Wien.

Please register by June 17th, 2024, at <https://mecfs.at/symposium-2024/>.

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ME/CFS SYMPOSIUM

Scientific foundations and consequences for the health care system

ME/CFS (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome) is a serious chronic disease that affects multiple body systems. The pathophysiology of the complex disease is still being investigated and requires multiple scientific disciplines. As the most severe form of Post-Covid, the practical and scientific relevance of ME/CFS increases with the number of people affected.

As **FENS Forum 2024 Satellite Event** the symposium is dedicated to the current state-of-the-art research on ME/CFS. Presentations from areas such as public health and immunology show the complexity as well as the potential for interdisciplinary understanding. In addition, the consequences for the Austrian health care system will be discussed in a panel discussion between researchers, policy makers and patient representatives to translate the current state of research into practice.

The symposium will be held in English and German.

The hygiene concept will be based on the current infection situation and will include measures such as air purifiers.

PROGRAMME

Moderation Siegfried Meryn, internist

17:00 – 17:10

Welcome

17:10 – 17:25

ME/CFS - a brief introduction and why a transdisciplinary approach to diagnostics and treatment is crucial (in German)

Kathryn Hoffmann, Center for Public Health, Department of Primary Care Medicine, Medical University Vienna

17:25 – 18:05

Neuroimmunology in infection-initiated chronic illness (in English)

Michael VanElzakker, Harvard Medical School & Massachusetts General Hospital Neurotherapeutics Division, Boston MA, USA

18:05 – 18:20

Care for ME/CFS – Practice guidelines for improved patient care (in German)

Eva Untersmayr-Esenhuber, Department of Pathophysiology and Allergy Research, Division of Comparative Immunology and Oncology, Medical University Vienna

18:20 – 19:00

Panel discussion: Translating ME/CFS research into patient care (in English & German)

*with lecturers and
Rudolf Anschober, former minister of health
Michael Stingl, neurologist,
Johannes Schweighardt, ÖG ME/CFS*

from 19:00

Cold buffet & networking